



Swami's
SURFING • ASSOCIATION

Newsletter
March 2005

Who will stop the rain?



Jeanette Prince with some of the best surfers in the world.

Come to the Surf Club Meeting
eat pizza, Win fabulous prizes
Tuesday March 8th 7:00 p.m



The Swamis club did well at Doheny despite the small team.

Presidents letter by Tom English

Got Rain? Way too much. I hope your hillsides are holding up OK. San Diego received more rain than Seattle this Winter.

I thawed out in Maui for 10 days. Hookipa was flawless one day. No wind, glassy 6 to 8 foot peaks all over with occasional barrrels. Most of the other days the wind was light side shore (no windsurfers).

The State Parks Dept. and the Lifeguards have given us our first choice of dates for our contest. We looked at the tides, daylight, historical data on size and frequency of surf, and chose Oct 7th, and 8th, (Fri, Sat.) The main reason we got the dates is due to the great success of last years contest. Great job Swamis! We need some of you (same as last year and more) to reseve camp sites for the club will reimburse you the fee. You can call 800 444-7275, or click www.reserveamerica.com. You need to register and get a name and password, but the entire process only takes about 5 minutes. We would love to give every team a camp site for our event.

Aloha,

\ Tom English

Surfer flies to Costa Rica for sun

By Matt Loo

In mid-February, while San Diego was getting soaked to the core, I was spending a very relaxing 10 days in Mal Pais, Costa Rica. Trekking down there with no boards and no car made for a pretty stress-free transit. The down side was having to borrow surfboards from the locals and restricting my surf experience to the mile or so of beach breaks in front of the place where I was staying. Fortunately for me, the whole time I was there, the surf never got smaller than chest-high and never got bigger than a couple feet overhead. I also surfed a myriad of borrowed boards ranging in size from 6'1" to 9'4".

It was a great trip filled with hot days, warm water, cool breezes, and cold beers.

Unlike many remote communities, Mal Pais has a pretty active nightlife. I experienced huge bonfires on the beach, and a Costa Rican Rodeo, where they use drunk spectators instead of rodeo clowns to distract the angry bulls. It's pretty funny to watch people tripping over themselves and climbing over each other, all the while keeping their body between the bull's horns and that precious beer they're protecting. Unfortunately, amidst all this nonsense, one of the riders was killed when the bull he was riding threw him off and stomped on his chest.

These shots were taken on the last evening I was there - after realizing that I was being so lazy, I was about to go home without taking any pictures. The surf is just mediocre and I have no idea who the surfers are. I definitely need to go back there and take better photos.





Competition Corner

Otis "The Dude" Sistrunk

Swamis.....Swamis.... the club did great in the Dohney contest at Churches... seventh place... that was really good based on the fact we only had eight people in the contest... places were... **Richey Cravey** 2nd place (jr.men) **Jeanette Prince** 2nd place (0-30 women) our **French tandem team** 2nd. **Tom English** 5th in (President's div.) **Schuyler McFerren** 5th place.(jr.w.shortboard) **Drew Woodward** 5th in jr. (shortboard) good job everyone.... alot of the rest of us lost in 2nd 3rd or semis...rounds. again were all very proud of all our competitors and cheer leaders....

The highlight of the event was when I was sitting next to **Tom English** on the beach watching the surfing going on and we both heard this loud whinning, crying, yelling from what sounded like a grown man.....???? no couldn't be.. Everyone was looking around wondering what this could be??? you couldn't understand what was being said at all...it was all garbled. and then we seen who it was yours truly the man from down under **Aussie John** saying something to Ostar from Windnsea.. Tom said they were in his heat and the wave of the day came right to them and they both got confused on which way to go go they paddled on top of each other...so Tom took the wave for a heat winner. a lesson to be learned... Anyway if you want any more info talk to Aussie, who is know now as the... **Whine King!!!!**

now for the next contest...Its santa cruz.. and there are just a few spots left... so if you want to surf you need to get ahold of me asap.... The contest is memorial weekend (last weekend in may)... please call for camp sites or motels now.. contact me for further info..cost \$\$\$90.00 maybe \$95.00.. Otis



Pat Connor Baja Beachbreak Tow in session



Some things I learned this year *

This summer I had the resolute displeasure of getting my third ear surgery to remove that boney growth from surfing for so many, many years. Naturally, I had a discussion with my doctor on how I might prevent this occurrence from happening, again! Common surf lore has told us about wearing earplugs. Earplugs certainly keep the water out and may prevent bad water from getting in and causing problems in an already compromised opening, but does it prevent the bone growth? A couple of years ago the museum of man had an exhibit of skulls and primitive surgery techniques. Among them was a display of skulls of fisherman from the late 1800's. And guess what they had? A boney closure in the ear canal. I think it is safe to assume they weren't swimming in the water in their woolen sweaters, so back to the discussion with my ear doctor. He says no one has studied the cause of this problem, but the Doc did say that there was a frequent incidence of the same ear problem among avid cyclists. The museum skulls and the cyclists suggests that this surfer's ear problem may have little to do with water in the ear, but may may be caused by lack of head warmth, i.e., non-use of hoods, helmets, etc. In conclusion, I have this to say, "Scott Bass, once more, your are my hero (wears a helmet 24/7 these days). But, I still refuse to give up my leash!

I'll see you out there in my helmet or my hood. Keep Surfing. * Bob Hoff.





Nicole English cruising at Hookipa



Hookipa Maui

Friends of Swamis

The Swami's Surfing Association is appreciative to all of the great companies that help our club! Please support our sponsors, and tell them how much they mean to our club.

Encinitas Surfboards - Marc Adam & John Kies, O'Neill Wetsuits, Starbucks Coffee - Lumberyard, Pizza Port, VG's Doughnuts, RIS Reinhardt Insurance Services - John Reinhardt, Juice it Up Smoothies, The Longboard Grotto, Coral Reef Wetsuits, Pelly's Fish, San Diego Printers - Bob Norton, Triton Sunglasses, The Royaltones Surf Band, Western Financial Advisors.



Sometimes it is better to watch from the shore.

Give Away Corner

You don't want to miss this month's goodies!! Yeah! Check it....

			Value
1.	O'Neill	Rashguard	\$24.95
2.	Billabong	T - Shirt	\$22.00
3.	Hurley	B-Ball Hat	\$16.95
4.	Stay Covered	9 ft. leash (used by Bass)	\$22.00
5.	Headhunter	Rash-Guard Gel	\$ 7.95
6.	Quicksilver	B-Ball Hat	\$22.00
7.	Rip Curl	Spring Suit	\$69.95
8.	Encinitas Surf	T-Shirt	\$19.95
9.	Da Club	New Swamis T-Shirt	Priceless
10.	Aloe Up	Sun Block Kit	<u>\$19.95</u>
			\$225.65

We will have killer pizza & sodas etc. @ the meeting. Combo and veggie pizza \$2.00 a slice. Pizza Port rocks! Cheese & Pepperoni \$1.00 a slice. All sodas & Beers will be \$1.00 a can!! See ya @ the meeting.

Cheers,
Marc

Member Services

Bruce King	Gen. Cont.\Remodel\Drywall	945-8234	Jim Cheesman	Window Washing	944-9560
Cliff Hansen	Brick\Block\Tile\Cement	943-1092	Sean McNabb	Carpet Install \ Sales	753-1433
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Tom Trozera	Auto \Boat Detailing	943-7095	Tom Hopkins	Finish Carpenter \ Activist	436-3715
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Pat Weber	San Diego Surf Academy	800 447-SURF			



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